



STUDIO NEWS...AND ALL THAT JAZZ

A DANCIN' PLUS NEWSLETTER

JANUARY/FEBRUARY 2020

Warm wishes for the New Year to all our dance families! I thank you for making Dancin' Plus your dance home and I am honored to provide you and your child with quality dance instruction in 2020! At Dancin' Plus we are excited to be kicking off the new year by kicking up our heels. With dance production season waltzing closer, the dance studio will be buzzing with excited performers digging deeper into our production numbers, putting on the finishing touches and polishing their performance abilities as well as learning new skills every week. Our studio is a busy atmosphere but that is how we like it best! Having dance class to look forward to often helps us glide through those gray, hibernation inducing winter months. Dancers have taken such pride in their efforts and I am excited to see the continued progress in the new year! Keep up the great work!

INSTALLMENT PAYMENT REMINDER

January tuition is due no later than January 10th.

February tuition is due no later than February 10th.

For your convenience, all payment totals and due dates are listed in your copy of the studio handbook.

There are three easy ways to make payments:

1. Mail it to our mailing address: Dancin' Plus 403 E 1st Street Fairmont MN 56031
2. Pay online at www.dancin-plus.com with debit/credit card or Paypal.
3. You can leave your payment in our locked payment deposit box on the side of our counter in the studio lobby during class hours: Monday 4:00-7:30pm, Tuesday 4:45-8:45pm, Wednesday 5:15-6:45pm and Thursday 4:45-8:45pm.

Please note....We DO NOT have an outdoor mailbox to drop payments in. People often ask if we do. When we did, our mail always disappeared. ☹



DANCE PRODUCTION PICTURE DAY

We have made the decision to discontinue picture day.

Thank you to all those who participated in the past!

THANK YOU!

...for remembering to pick your child up promptly after class. Children not picked up promptly are not supervised.

COMMITMENT MEANS
STAYING LOYAL TO
WHAT YOU SAID YOU
WERE GOING TO DO
LONG AFTER THE
MOOD YOU SAID IT IN
HAS LEFT YOU.

I GET ASKED SOME GREAT QUESTIONS...

Dance parents ask me all the time "How can my child become a better dancer?" It all starts with one word - commitment. A dance class is just like any other team activity. Do you respect the commitment you made to dance class when you registered? Do you respect your fellow dancers (team mates) who are working hard to make the team you are a part of be something great or is dance class what you do when you don't have something else to do? We will SEE the answer to that question once you step onto the stage.

TAKING CARE OF YOUR DANCER IN THE WINTER

The cold winter months bring challenges to our bodies. Staying energized and healthy is important but tricky, especially for dancers. If we do not have the energy to move, how can we dance? It is difficult to exert and dance at your best level if you do not take care of yourself. I think we can all admit that during the winter we would prefer to stay in a nice warm house on the couch with a pillow and blanket. We can also admit that this is not going to happen. ☺ So, to keep dancers energized, here are a few helpful hints we have tried that seem to work.

☺ Get plenty of sleep at night. Going to bed early is NOT a bad thing.

☺ For those with classes before meal time or later in the evening, have a small, healthy snack before heading to dance class. String cheese, fruit or crackers... anything healthy that can help you keep “fuel” in your body so you have energy to move in class. Have a car picnic on the way to dance class!

☺ Stress will wear you out. Avoid it. Be organized.

One thing I notice happening at least once in every class, every week, is a dancer coming in stressed from trying to find their dance bag before leaving for class. They end up late to class and then that is stressful to them too. Avoid it! Put the dance bag on the door knob the night before or better yet, put it in the car. It will be there waiting for you.

☺ Set realistic schedules. We know folks are busy and often running at top speed. Try not to overbook yourself or your child. Running from activity to activity results in below average performance. Participating in an amount of activities healthy for one day allows for average or better yet, above average, performance and results.

☺ During the winter people of all ages often complain about going to an activity but once they are there, they have a great time. Can you relate? I can! Understand that it is not actually the activity being complained about but the thought and process of having to bundle up and go out in the cold to get to the activity, especially if your current activity has you on the couch with the before mentioned pillow and blanket. Dancers may need extra encouragement to get to class in the winter. This is normal. No matter how active your child is during other times of the year, their bodies tend to be in hibernation mode not “lets go move around a lot and over exert mode.” This is normal too. I have found that there is one age group exempt and that would be the preschoolers. Bless them and their limitless energy levels.

☺ These are just a few things that we have tried and found to be helpful.

Let me know if you have any other suggestions! I would love to hear them!

CLASS SCHEDULE

Thank you for following the dance class schedule we mailed you with your studio handbook. We like to give our students as many class days as possible. We can't do that if we break from dance each time a school breaks from classes. Days off from school are not always days off from dance class. Extra schedules are available at the studio.

WEATHER CLOSURES

In the event of snowy weather, to keep it simple:

*Dance classes at Dancin' Plus will be canceled if Fairmont Public Schools are canceled for the day or dismissed early.

*You can also view dance class cancellations on our website's home page: www.dancin-plus.com and on Facebook and Instagram.

If the weather takes a challenging turn in the late afternoon or evening (once classes are already in session) the studio will remain open for those that can make it. I have built in two snow days per dance class day into our tuition total. That means if we don't need any snow day make ups, you are getting two free classes. For classes with more than two snow days, we will reschedule in the spring closer to show time when we can really use the extra practices.

CHANGES?

If you have had a change in home address, email or phone number be sure to call and update - 507-235-6114 or send an email to Tammy@dancin-plus.com Thank you!

DRESS THE PART TO RESPECT THE ART

Thank you for following our studio's dress code as listed in your copy of the studio handbook. You can also see photos of required attire on our website. Our attire requirements allow dancers to move freely, warm up properly and learn correctly. Instructors can make corrections to bent knees and sloppy arms when dancers are dressed correctly. Help your dance student get the most out of his/her class by dressing correctly. **Visit www.dancin-plus.com to view proper class attire.**

IMPORTANT DATES TO REMEMBER

Our students are currently on winter break. Classes Resume Week Of January 6

Fifth Tuition Payment Due No Later Than January 10

Final Tuition Payment Due No Later Than February 10

Dancin' Plus Will Be Closed February 24 - March 8th For Spring Break,
Also Known As "Dance Production Prep Marathon" For Tammy. ☺
Classes Resume The Week Of March 9th. This Is Marked On Your Class Schedule.

PLANNING AHEAD

Mark Your Calendars If You Have Not Already...

Dance Production Dates Are:

Dress Rehearsal:

Wednesday, May 13 - 6:00PM

(All Dancers Must Attend.)

Dance Productions:

Friday, May 15 - 7:00PM

Saturday, May 16 - 7:00PM

Sunday, May 17 - 3:00PM

(All Dancers Perform In All Shows.)

The Next Newsletter Will Be Galloping Your Way The End Of February.

DON'T MISS A BEAT! Visit us at www.dancin-plus.com

Dancin' Plus is on Facebook, and Instagram.

Check out our great photo albums, receive studio reminders and MORE!



THANK YOU!